

**2007-08 NFHS Penalty Chart
(2007-08 Rules Book, Pages 42-43)**

Category	Rule	Warning	First Penalty	Second Penalty	Third Penalty	Fourth Penalty
• Illegal Holds	7-1	No	} 1 Pt.	1 Pt.	2 Pts.	Disqualify
• Technical Violations	7-3	No				
• Stalling	7-6	Yes				
• Unnecessary Roughness	7-4-1	No				
• Unsportsmanlike Conduct by Contestants During the Match	7-4-2	No				
• Not Properly Reporting to Scorer's Table Properly Equipped	8-1-1	No				
• False Start or Incorrect Starting Position	8-1-3		Following two cautions there is a 1-point penalty for each subsequent infraction			
• Coach Misconduct (during the match)	5-5 6-6-6 7-5-4 8-1-5	Yes	Deduct 1 Team Point	Remove from the premises immediately on second penalty and deduct 2 team points. Removal is for the remainder of the day.		
• Unsportsmanlike Conduct-Contestants (not during the match), Coaches and Other Team Personnel	7-4-2 7-5-3 8-1-4	No	Deduct 1 Team Point	Remove from premises immediately on second penalty and deduct 2 team points. Removal is for the remainder of the event, day/dual meet or tournament.		
• Flagrant Misconduct-Contestants	7-4-3 8-1-6	No	Disqualify on first offense, deduct 3 team points and remove from the premises immediately for the duration of the event. Contestant is eliminated from further competition for the remainder of a dual meet, multiple school event or tournament and no team points can be earned.			
• Flagrant Misconduct-Coaches and Other Team Personnel	7-5-5 8-1-3 8-1-6	No	Remove from the premises immediately on first offense and deduct 3 team points. Removal is for the dual meet, remainder of a multiple school event or tournament.			
• Greasy Substance on Body or Uniform, Improper Grooming, Objectionable Pads and Braces; Illegal Equipment or Uniform	7-3-7 8-1-1		Any contestant reporting to the scorer's table in violation of this article shall be disqualified if not removed or corrected within the 1 1/2 minute injury time.			
Summary of Technical Violations: -Going out of the Wrestling Area (Fleeing) (7-3-1) -Grasping Clothing, Ect. (7-3-2) -Interlocking Hands (7-3-3) -Leaving Wrestling Area Without Permission (7-3-4) -Figure 4 Head From Neutral (7-3-5) -Reporting the Scorer's Table Not Properly Equipped or Not Ready to Wrestle (7-3-6)		Notes: Note 1 – Disqualification due to a technical violation, illegal hold, stalling, unsportsmanlike conduct during a match or unnecessary roughness does not eliminate a contestant from further competition in tournaments. Disqualification for unsportsmanlike conduct not during the match eliminates a contestant or coach for the remainder of the event. Disqualification for flagrant misconduct will disqualify any individual for the remainder of a multiple school event or tournament. They are removed for the duration of the event. Note 2 – Points for unnecessary roughness, grasping clothing, locked hands, or fleeing the mat are awarded in addition to points earned.				

Yellow highlights indicate changes from the 2006-07 Penalty Chart.