

Implementation of New Rules

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Agenda



- > Unchanged Rules
- > Rule Changes for Both Styles
- > Freestyle
- > Greco-Roman
- > Illustration

Unchanged Rules



No changes made to:

- > Duration of the bout
- > Types of victories
- > Weight classes for cadets and juniors
- > Determination of the winner in case of tie by points
- > 1 point for stepping out of bounds
- > 1 point for a reversal & 2 points for a takedown
- > 1 point for a correct hold without danger position
- > Standing position after an unsuccessful attempt to execute a hold

Rule Changes for Both Styles



Innovations:

- > No victory after two 3-point holds or one 5-point hold
- > Elimination of the 5 second count during back exposure
- > Takedown can result from either an offensive or defensive action
- > 1 point for an instantaneous fall position (during executing a hold)
- > Par terre position after any interruption due to the wrestler underneath
- > Any false start in par terre position carries a caution + 1 point



FREESTYLE

Freestyle – Weight Classes



Men:

Olympic: 57 kg, 65 kg, 74 kg, 86 kg, 97 kg, 125 kg

Additional non-olympic: 61 kg, 70 kg

Women:

Olympic: 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg

Additional non-olympic: 55 kg, 60 kg

Freestyle – Technical Superiority



Technical points: 1, 2, 4

Technical superiority: 10 points (counter-attack is possible)

Freestyle – Points for Actions and Holds



Throws followed by danger position → **4 points**

Throws with grand amplitude followed by danger position → **4 points**

Throws with grand amplitude without danger position → **2 points**

→ **Keep in mind!**

- The above-mentioned issues concern both standing and par terre
- No 5-point-holds in freestyle anymore



Freestyle – Passivity Procedure (I)

1st passivity violation

- Verbal Stimulation
- Stop the match for verbal warning: „Attention“

2nd passivity violation

- Stop the match
- Indicate the 30 second penalty period
- If neither wrestler scores → Caution + 1 point

Further passivity violations

- Further penalty periods can be initiated directly
- No penalty period after 2:30 or 5:30



In a 0 - 0 match, penalty period has to be initiated at 2:00 compellingly!

Freestyle – Passivity Procedure (II)



1st passivity violation

- Stimulation
- Verbal warning

2nd passivity violation

- 30 sec. penalty period
- Neither wrestler scores: caution + penalty point

further passivity violations

- Penalty periods can be initiated directly
- No penalty period after 2:30 and 5:30



GRECO-ROMAN

Greco-Roman – Weight Classes



Olympic: 59 kg, 66 kg, 75 kg, 85 kg, 98 kg, 130 kg

Additional non-olympic: 71 kg, 80 kg

Greco-Roman – Technical Superiority



Technical points: 1, 2, 4, 5

Technical superiority: 8 points (counter-attack is possible)

Greco-Roman – Points for Actions and Holds



Throws followed by danger position → **4 points**

Throws with grand amplitude followed by danger position → **5 points**

Throws with grand amplitude without danger position → **4 points**

→ **Keep in mind!**

- The issues mentioned above concern both standing and par terre
- No ordered hold in greco-roman anymore



Greco Roman – Passivity Procedure (I)

1st passivity violation

- Verbal Stimulation
- Passive wrestler gets warned without stopping the bout

2nd passivity violation

- Passive wrestler receives caution (without point for opponent)
- Active wrestler: standing or par terre position?

3rd passivity violation

- Passive wrestler receives caution + active wrestler receives 1 point
- Active wrestler: standing or par terre position?

4th passivity violation

- Passive wrestler receives caution + active wrestler receives 1 point
- Bout is terminated

Greco Roman – Passivity Procedure (II)



1st passivity violation

- Wrestler gets warned without stopping the bout

2nd passivity violation

- Caution
- Standing or par terre

3rd passivity violation

- Caution + 1 point
- Standing or par terre

4th passivity violation

- Caution + 1 point
- Bout is terminated

ILLUSTRATION

Instantaneous Fall – Example: Gut Wrench



1 point **red**: **Blue** (Attacker) rolls over his shoulders (instantaneous fall)

+

2 points **blue**: Danger position **red**

Par Terre Position (I)



- Behind the bottom wrestler
- Hands on shoulders
- Standing, 1 knee or 2 knees
- False start by top wrestler
 - Caution + 1 point
 - Restart in standing position
- False start by top wrestler
 - Caution + 1 point
 - Restart in par terre

Par Terre Position (II)



Standing



1 knee down



2 knees down

Elimination of the Ordered Hold



1st Passivity Violation



1st passivity violation is indicated without stopping the bout

Fleeing the Mat



Fleeing the mat:

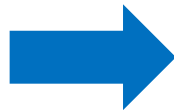
- * Caution + 1 point
- * Restart in par terre position

4 Points – Example: Fireman's Carry



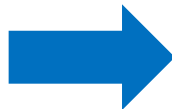
4 points for a throw followed by danger position

Executing a Hold and Controlling the Opponent



- * 2 points for executing a hold and controlling the opponent
- * The situation shown above is equivalent to a takedown

Executing a Hold Without Danger Position (I)



When executing a hold without danger position, there are 3 eventualities (next slide)

Executing a Hold Without Danger Position (II)



No control

→ 1 point red



Control

→ 2 points red



Reversal

→ 1 point red
+
→ 1 point blue



Thank you!