

# Officiating the Ordered Hold (Clinch)

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By

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### Freestyle

The ordered hold is used in freestyle only when a period ends in a 0 – 0 tie.

A draw will be conducted to determine which wrestler will take the clinch. The winning wrestler will indicate to the referee which leg he/she will take in the clinch. The defending wrestler will place that leg in the center of the mat with the other foot on the edge of the center circle. The offensive wrestler will then take up a head-outside single-leg hold. The defending wrestler will place his/her hands on the back of the offensive wrestler. When the position is correct, the referee will blow the whistle and start the wrestling. Wrestling will continue for 30-seconds or until the first score. If there is no score, the defender will be awarded 1 point and the period. Wrestling is conducted as normal.

(In the US the draw will be a disc toss.)(For FILA, use the current FILA procedure.)

### Greco-Roman

A Greco period is 2-minutes long. At the 1 ½ minute point (90-seconds), wrestling will stop and the ordered hold will take place. Exception, if a wrestler is being controlled in the danger position at the 90-second point, wrestling will continue without interruption and the ordered hold will not be used for that period.

For all three periods, the wrestler with the most points will take the clinch. If the points are tied, other than 0 – 0, tie-breaker criteria will be used: fewest cautions,

high value holds, and last score. The defending wrestler will assume the par terre position. The attacking wrestler may choose either a reverse-lock or par terre position. If the top par terre position is chosen, both hands go on the back and one knee must be on the mat. The knee may be between the defensive wrestler's feet. When the position is correct, start the wrestling. If the top wrestler does not advance his/her position, the referee may stop the match and resume in the standing position. The top wrestler does not have to score in these ordered holds. The ordered hold lasts 30-seconds.

(Kids Divisions: For the reverse-lock or par terre positions, both knees must be on the mat.)

If the 1<sup>st</sup> period is 0 – 0 at 90-seconds, the Red wrestler will take the clinch. Again, he/she will have choice of the two positions. The top wrestler must score or the opponent will be awarded one point and the period.

If the 2<sup>nd</sup> period is tied 0 – 0, the blue wrestler will take the clinch. Top must score or bottom will be awarded one point and the period.

If the 3<sup>rd</sup> period is tied 0 – 0 at 90-seconds the wrestler with the most points from the first two periods will have the choice of top or bottom. If he/she chooses top, he/she will still have choice of par terre or reverse lock. If the points are tied, fewest cautions, then high value will determine who has choice. If still tied, then a draw will be conducted for choice. The winner of the draw will have to take the top position. The top wrestler must score or the opponent will be awarded one point and the match.